

## FATIGUE MANAGEMENT POLICY

The Management Team of Team Transport and Logistics is committed to providing a safe place of work through the careful management of fatigue of our heavy vehicle drivers.

In order to facilitate this, the guiding principles of the Queensland National Fatigue Regulation, Workplace Health & Safety Legislation, NHVAS Fatigue Module and the NSW Occupational Health and Safety (Long Distance Driver Fatigue) Regulation 2005 are incorporated into the normal management functions of the business through:

### Work Task Scheduling

Trip scheduling and/or driver rostering, taking into account;

- Times required to perform tasks safely;
- Times actually taken to perform tasks;
- Loading and queuing time;
- Rest periods required to recover from the fatigue effects of work;
- The cumulative effects of fatigue over more than one day;
- The effect of the time of day or night on fatigue.
- Monitoring driver fitness for work;
- Reporting of all hazards and incidents;
- Driver health;
- Continued review of the work environment and amenities;
- Recognition that delays can occur, particularly as a result of accidents or mechanical failures;
- Driver training; and
- Ongoing assessment of fatigue related risks arising from driver activities.

Further the company values the experience and knowledge that our drivers bring to their work and accordingly is committed to consulting and collaborating with our drivers to ensure that the systems and processes in place continue to improve. The company will consult with affected employees before changes to work practices and systems of work are introduced or if a significant change occurs. All affected employees are encouraged to provide feedback on company policies and procedures.

This document is a living document that we expect to evolve as the company does. In order to facilitate this process, the company will conduct quarterly reviews of the system to

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ensure that the policies and procedures are appropriate and that they are being followed. An Internal Review Report will be completed as a record of each review.

Refer to Section 7 – 7.1: [FATIGUE MANAGEMENT GUIDELINES](#) for further clarification of our ‘Fatigue Management procedures and guidelines’.

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